

THURSDAY 7 MARCH		
07h30 Registration		<i>Exhibition Foyer</i>
PRE-CONGRESS WORKSHOP		
11h00 – 14h30	Update on Rheumatology	<i>North & East Ilanga</i>
Facilitators	Dr Johan van Rensburg Dr Nimmisha Govind Dr Gareth Tarr	
11h00 – 11h30	Update on rheumatoid arthritis – Professor Bridget Hodkinson	
11h30 – 12h00	Update on lupus – Dr Kavita Makan	
12h00 – 12h30	Infection and vaccination in rheumatology – Dr Nimmisha Govind & Dr Safoora Karolia	
12h30 – 13h00	Update on spondyloarthritis – Dr Ajesh Maharaj	
13h00 – 13h30	Light Lunch Refreshments	<i>Exhibition Area</i>
13h30 – 13h50	Capillaroscopy – Dr Claudia Ickinger & Dr Charlene Balton	
13h50 – 14h10	Why and how to perform capillaroscopy	
14h10 – 14h30	Distinguishing normal from abnormal	
14h30 – 17h00	Bi-annual General Meeting (BGM)	<i>East Ilanga</i>
18h00 - 19h30	Official Opening Session	<i>Great Ilanga</i>
18h00 – 18h10	Opening Address - Dr Elsa van Duuren, President SARAA	
18h10 – 18h50	A lifetime of rheumatology - Professor Asgar Kalla (40 min)	
18h50 – 19h30	A journey of empowerment - Professor Girish Mody (40 min)	
19h30 – 21h30	Welcome Function & Trade Preview & Networking Evening	<i>Exhibition Area</i>


FRIDAY 8 MARCH		
07h00	Registration	Exhibition Foyer
07h30 – 08h30	Abbvie Breakfast Symposium	North & East Ilanga
	Unraveling the complexities of spondyloarthritis: an integrated approach to patient management – Professor Dirk Elewaut	
SESSION 1	PLENARY SESSION - RHEUMATOID ARTHRITIS	Great Ilanga
Chairs	Professor Bridget Hodgkinson Dr Ayanda Gcelu	
08h45 - 09h25	Update on the pathogenesis of rheumatoid arthritis - Professor Ernest Choy (UK)	
09h25 – 10h10	Towards effective cardiovascular event prevention in rheumatoid arthritis – Professor Patrick Dessein	
10h10 – 10h30	Q & A	
10h30 – 11h00	Refreshments & Poster Review	Exhibition Area & Foyer
SESSION 2	VASCULITIS - <i>Great Ilanga</i>	ALLIED & NURSES - <i>Tugela</i>
Chairs	Dr Charlene Balton Dr Neeta Patel	Sr Margret Phillips Sr Doreen Mayne
	<p>11h00 - 11h40 The pathogenesis of ANCA associated vasculitis from genetics to newer treatments – Professor David Jayne (UK)</p> <p>11h40 – 12h10 Paediatric vasculitis – Professor David Cabral (Vancouver)</p> <p>12h10 – 12h20 Original research: A genome-wide association study of rheumatoid arthritis in black South Africans – Mr Evans Mathebula</p> <p>12h20 – 12h30 Original research: Development and evaluation of an ankylosing spondylitis self-management programme – Professor Charles Inderjeeth</p> <p>12h30 – 12h40 Original research: Clinical and echocardiographic characteristics of myocardial injury in systemic lupus erythematosus according to cardiac magnetic resonance criteria – Dr Riette du Toit</p> <p>12h40 – 13h00 Panel discussion (10 min)</p>	<p>11h00 – 11h15 Activity based falls prevention reduces risk of falling – Ms Erika Mosor (Austria)</p> <p>11h15 – 11h30 Updates on physiotherapy management of chronic musculoskeletal pain – Ms Lorraine Jacobs</p> <p>11h30 – 11h45 The need for structured foot health services for rheumatoid arthritis patients in SA – Mr Simiso Ntuli</p> <p>11h45 – 12h00 Foot pain - rheumatology patients, common conditions and the podiatric interventions – Mr Tshepo Mokoena</p> <p>12h00 – 12h15 Reviewing medication adherence in rheumatoid arthritis – Sr Nokujabula Mkhize</p> <p>12h15 – 12h30 Lesson learned – a nurses perspective from rheumatoid arthritis patients – Ms Cynthia Mavuso</p> <p>12h30 – 12h40 Original research: Living with systematic lupus erythematosus – a study of women attending two tertiary care centres in South Africa – Ms Angel Phuti</p> <p>12h40 – 13h00 Panel discussion (20 min)</p>

FRIDAY 8 MARCH			
13h00 – 14h00	Networking Lunch with Exhibitors & Partners		Exhibition Area
SESSION 3	HYPERMOBILITY SYNDROME & PAIN - Great Ilanga	ALLIED & NURSES - Tugela	PAEDIATRICS – North & East Ilanga
Chairs	Dr Anne Stanwix Professor Christa Janse Van Rensburg	Ms Erika Mosor Mr Simiso Ntuli	Professor Chris Scott
	<p>14h00 - 14h40 The science and diagnosis of hypermobility syndrome – Professor Alan Hakim (UK)</p> <p>14h40 - 15h00 Updates on physiotherapy management of chronic musculoskeletal pain – Ms Lorraine Jacobs</p> <p>15h00 – 15h20 Non-drug therapies for neuropathic pain – Professor Phyllis Berger</p> <p>15h20 – 15h30 Panel discussion (10 min)</p>	<p>14h00 – 14h15 The importance of load-bearing exercises as means of arthritis management – Ms Anca Wessels</p> <p>14h15 – 14h30 Ehlers-danlos syndrome in adults - a medical quandary – Ms Nadia Dembskey</p> <p>14h30 – 14h45 Psycho social aspects of rheumatic diseases – Ms Margaret Phillips</p> <p>14h45 – 15h00 Would a rheumatology nurse be of value in the community? – Sr Nonhlanhla Skosana</p> <p>15h00 – 15h15 The foot in footwear – Ms Erin Dayaram</p> <p>15h15 – 15h25 Original research: Podiatrist - gate keepers of foot health care – Mr Lucas Breedt</p>	<p>14h00 – 14h30 Overview of auto inflammatory conditions – Professor Lori Tucker (Canada)</p> <p>14h30 – 14h50 JAMless (juvenile arthritis management in less developed countries) recommendations – Professor Chris Scott</p> <p>14h50 – 15h00 Original research: Cardiovascular involvement in South African children with systemic lupus erythematosus – Dr Michael Harrison</p> <p>15h00 – 15h10 Original research: Severe fatal coronary and systemic arteries aneurysm in 10 weeks old infant with incomplete kawasaki disease – Dr Yaninga Fuseini</p> <p>15h10 - 15h30 Panel discussion (20 min)</p>
15h30 – 16h00	Refreshments		Exhibition Area

FRIDAY 8 MARCH		
SESSION 4	MANAGEMENT UPDATES - <i>Great Ilanga</i>	PAEDIATRICS – <i>North & East Ilanga</i>
Chairs	Professor Mahmood Ally Dr Anne Halland	Dr Kate Webb
	<p>16h00 - 16h30 Management of hypermobility syndromes - Dr Alan Hakim (UK)</p> <p>16h30 – 17h00 New treatments for rheumatoid arthritis – Professor Ernest Choy (UK)</p> <p>17h00 – 17h30 Treatment stratification of patients with psoriatic arthritis and psoriasis. New developments to help with making a decision – Professor Douglas Veale (Ireland)</p>	<p>16h00 – 16h30 Juvenile idiopathic arthritis: enthesitis related arthritis and psoriatic arthritis – Professor David Cabral (Canada)</p> <p>16h30 – 17h00 Unique problems and unique opportunities: bench to bedside rheumatology research in South Africa – Dr Kate Webb</p> <p>17h00 – 17h30 Exercise in paediatric rheumatic diseases – Professor Lori Tucker (Canada)</p>
17h30	Close	
18h00 – 19h00	Novartis Symposium	North & East Ilanga
	Entering a new era in management of spondyloarthropathies – Professor Douglas Veale (Ireland)	
	FREE EVENING	

SATURDAY 9 MARCH		
07h00	Registration – Exhibition Foyer	
07h30 – 08h30	Adcock Breakfast Symposium	North & East Ilanga
	Biosimilar use – Professor Tore Kvien (Norway)	
SESSION 5	PLENARY SESSION - SPONDYLOARTHRITIS - Great Ilanga	
Chairs	Dr Ajesh Maharaj Dr Elsa Van Duuren	
08h30 - 09h10	How stress impacts spondyloarthritis – Professor Dirk Elewaut (Belgium)	
09h10- 09h50	Insights into the pathogenesis of psoriatic arthritis and treatment options – Professor Douglas Veale (Ireland)	
09h50 - 10h10	Biologic therapies: challenges in Africa – Professor Helmuth Reuter	
10h10 – 10h30	Panel discussion (20 min)	
10h30 – 11h00	Refreshments	Exhibition Area
SESSION 6	PLENARY SESSION – OSTEOARTHRITIS, GOUT, OSTEOPOROSIS & GERIATRICS	
Chairs	Professor Bilkish Cassim Dr Rietta du Toit	
11h00 – 11h40	Rethinking osteoarthritis and gout – Professor Tore Kvien (Norway)	
11h40 – 12h00	Revisiting osteoporosis – Dr Farhana Paruk	
12h00 – 12h20	Supporting older adults with rheumatic and musculoskeletal diseases in daily life – Ms Erika Mosor (Austria)	
12h20 – 12h30	Original research: Telomere length, arterial function and diastolic function in rheumatoid arthritis – Professor Patrick Dessein	
12h30 – 12h40	Original research: A survey on the diagnosis and management of gout among general practitioners – Dr Anees Ahmed	
12h40 – 12h50	Original research: Non-alcoholic fatty liver disease in psoriasis and psoriatic arthritis – Professor Mohammed Tikly	
13h00 – 14h00	Networking Lunch with Exhibitors & Partners	Exhibition Area
13h15 – 14h00	Janssen Lunch Symposium	North & East Ilanga
	Medication adherence and persistence with self-administered TNF-alpha inhibitors: real world evidence from a South African patient cohort - Speaker Panel: Professors Bridget Hodgkinson, Patrick Dessein, Christa Janse van Rensburg, Helmut Reuter and Dr Gareth Tarr	

SATURDAY 9 MARCH		
SESSION 7	PLENARY SESSION – LUPUS	<i>Great Ilanga</i>
Chairs	Dr Kavita Makan Professor Chris Scott	
14h00 – 14h35	How can outcomes in lupus nephritis be improved - Professor David Jayne (UK)	
14h35 – 15h10	Lupus in children and adolescents: management considerations – Professor Lori Tucker (Canada)	
15h10 – 15h30	Lupus nephritis in the South African setting – Dr Geoffrey Bihl	
15h30 – 15h40	Panel discussion (10 min)	
15h40 – 16h00	Refreshments	<i>Exhibition Area</i>
SESSION 8	PLENARY SESSION – SYSTEMIC SCLEROSIS	<i>Great Ilanga</i>
Chairs	Dr Mpoti Seboka Dr Claudia Ickinger	
16h00 – 16h10	Original research: Hemostasis in African black compared to white patients with rheumatoid arthritis – Professor Ahmed Solomon	
16h10 – 16h20	Original research: A correlation between auto-antibodies, cytokines and lupus nephritis Dr Dirk Claassen	
16h20 – 16h30	Original research: A comparison of patient reported outcomes of swollen and tender joints using electronic (ePRO) and paper based (pPRO) in rheumatoid arthritis – Professor Charles Inderjeeth	
16h30 – 16h50	Current understanding of the pathogenesis of systemic sclerosis – Professor Mohammed Tikly	
16h50 – 17h20	Evidence-based therapeutic approach to treatment of systemic sclerosis – Professor Douglas Veale (Ireland)	
19h30	Celebration Dinner	<i>Tugela Room, Maharani Hotel</i>

SUNDAY 10 MARCH		
SESSION 9	PLENARY SESSION - SOAP BOX	<i>Great Ilanga</i>
Chairs	Dr Thosama Dubula Dr Sinisa Stankovic	
09h00 – 09h40	Early arthritis – Professor Douglas Veale (Ireland)	
09h40 – 10h00	Ultrasound in rheumatic and musculoskeletal diseases – Ms Beverly Roos	
10h00 – 10h20	Orthopaedic management of the rheumatoid foot – Dr Paulo Ferrao	
10h20 – 10h40	The status of direct oral anticoagulants in anti-phospholipid syndrome – Professor Barry Jacobson	
10h40 – 11h00	Panel discussion (20 min)	
11h00 – 12h00	Why healthcare practitioners do not have a strict moral duty to be advocates for patients  – Professor Kevin Behrens	
	Close	